



April, 2022 at McDermid



Nutrition Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
4 <u>Free Breakfast</u> Cereal <u>\$2 Lunch</u> Turkey Sandwich	5 <u>Free Breakfast</u> Muffins & Fruit <u>\$2 Lunch</u> Chicken Noodle Soup	6 <u>Free Breakfast</u> Cereal <u>\$2 Lunch</u> Roast Beef Sandwich	7 <u>Free Breakfast</u> Pancakes <u>\$2 Lunch</u> Ham Sandwich	8 <u>Free Breakfast</u> Cereal <u>\$2 Lunch</u> Spaghetti with Sauce
11 <u>Free Breakfast</u> Cereal <u>\$2 Lunch</u> Turkey Sandwich	12 <u>Free Breakfast</u> Eggs & Toast <u>\$2 Lunch</u> Ham Sandwich	13 <u>Free Breakfast</u> Cereal <u>\$2 Lunch</u> Pizza	14 <u>Free Breakfast</u> Bagels <u>\$2 Lunch</u> Turkey Sandwich	15 <u>SPRING BREAK BEGINS</u> <u>NO SCHOOL</u>
18	19	20	21	22
<div style="border: 1px solid black; padding: 10px; display: inline-block;"> NO CLASSES APRIL 15-24 – SPRING BREAK </div>				
25 <u>Free Breakfast</u> Cereal <u>\$2 Lunch</u> Ham Sandwich	26 <u>Free Breakfast</u> Egg McMuffin <u>\$2 Lunch</u> Mushroom Soup	27 <u>Free Breakfast</u> Cereal <u>\$2 Lunch</u> Turkey Sandwich	28 <u>Free Breakfast</u> Fruit Parfait <u>\$2 Lunch</u> Ham Sandwich	29 <u>Free Breakfast</u> Cereal <u>\$2 Lunch</u> Chicken Nuggets & Macaroni

McDermid School Nutrition Program Information

FREE BREAKFASTS

A free breakfast is provided from 8:20-8:50. Students are welcome to enter the front doors and go straight to the nutrition room. This is a drop-in program that all students are welcome to access.

BAG LUNCHESES are available for \$2 every day. These include one main item as well as a juice, fruit, and snack (treat). Students can bring money each day, or pre-pay for a number of lunches at a time.

Students are asked daily if they require a lunch. It is important we know at the start of the day so we can ensure there are enough lunches for all students. If a student has forgotten money, they can still ask for a lunch and pay at a later date.

Lunch money can be paid daily, pre-paid at the office, or pre-paid through School Cash Online. If you do not yet have an account, please go to the school website to find instructions.

Lunches are available for all students, but they must have permission to stay at school. Our part- and full-time lunch students require a form to be filled out and signed.

Please Note – There is NO Lunch Special for the month of April.
