



February, 2022 at McDermid

Monday	Tuesday	Wednesday	Thursday	Friday
	1 <u>Free Breakfast</u> Bagels <u>\$2 Lunch</u> Ham Sandwich	2 <u>Free Breakfast</u> Cereal <u>\$2 Lunch</u> Turkey Sandwich	3 <u>Free Breakfast</u> Eggs & Toast <u>\$2 Lunch</u> Cream of Mushroom Soup	4 <u>Free Breakfast</u> Cereal <u>\$2 Lunch</u> Turkey Sandwich
7 <u>Free Breakfast</u> Cereal <u>\$2 Lunch</u> Ham Sandwich	8 <u>Free Breakfast</u> Banana Muffins <u>\$2 Lunch</u> Turkey Sandwich	9 <u>Free Breakfast</u> Cereal <u>\$2 Lunch Special</u> Spaghetti & Meatballs	10 <u>Free Breakfast</u> Eggs, Ham & Toast <u>\$2 Lunch</u> Ham Sandwich	11 <u>Free Breakfast</u> Cereal <u>\$2 Lunch</u> Turkey Sandwich
14 <u>Free Breakfast</u> Cereal <u>\$2 Lunch</u> Ham Sandwich	15 <u>Free Breakfast</u> Smoothies <u>\$2 Lunch</u> Turkey sandwich	16 <u>Free Breakfast</u> Cereal <u>\$2 Lunch</u> Ham Sandwich	17 <u>Free Breakfast</u> Pancakes <u>FREE TURKEY</u> <u>LUNCH FOR ENTIRE</u> <u>SCHOOL</u>	18 <u>Free Breakfast</u> Cereal <u>\$2 Lunch</u> Ham Sandwich
21	22	23	24	25
FAMILY WEEK BREAK: NO SCHOOL THIS WEEK				
28 <u>Free Breakfast</u> Cereal <u>\$2 Lunch</u> Turkey Sandwich				

McDermid School Nutrition Program Information

FREE BREAKFASTS

A free breakfast is provided from 8:20-8:50. Students are welcome to enter the front doors and go straight to the nutrition room. This is a drop-in program that all students are welcome to access.

BAG LUNCHESES are available for \$2 every day. These include one main item as well as a juice, fruit, and snack (treat). Students can bring money each day, or pre-pay for a number of lunches at a time.

Students are asked daily if they require a lunch. It is important we know at the start of the day so we can ensure there are enough lunches for all students. If a student has forgotten money, they can still ask for a lunch and pay at a later date.

Lunch money can be paid daily, pre-paid at the office, or pre-paid through School Cash Online. If you do not yet have an account, please go to the school website to find instructions.

Lunches are available for all students but they must have permission to stay at school. Our part and full time lunch students require a form to be filled out and signed.

LUNCH SPECIAL – Spaghetti & Meat Balls

*If a student is not a full or part time lunch student, they are welcome to stay for our lunch special of spaghetti and meatballs on February 9th but will need to fill out a permission form by February 8th (no exceptions).

***IF YOU ALREADY SENT MONEY FOR THE SPAGHETTI LUNCH THAT WAS CANCELLED IN JANUARY, YOU DO NOT NEED TO DO THIS AGAIN.

****We WILL need permission forms filled out again for all students who are not regular lunchroom students.



FEBRUARY 17TH - Free Turkey Lunch

We invite all of our students to stay on Thursday, February 17th for a free turkey lunch.

