



# McDermid Community School

HONOR ~ RESPECT ~ RESPONSIBILITY



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## MAY 2022 NEWSLETTER

### Principal & Vice-Principal Message

While excitement builds as we move into spring and thoughts of fun in the warmer weather, it is important to us to continue to focus on academics and ensuring our building is as supportive a learning space as possible. Being present in school, on time, every day is a big piece of a student's success. Having said that, we also appreciate that we are still in the midst of a season of illness and thank families who have been keeping their children home when they are unwell.

Covid-19 testing kits continue to be available through the school office.

We continue to welcome learning initiatives such as the STEM Broadcasts taking place from our school, and look forward to the return of activities such as Track and Field. Learning does not just take place in a desk, but movement is integral to a well-rounded education. We will further celebrate the importance of play in June with the Grand Opening of our new play structure.

It is an exciting time as students experience activities they have not been able to participate in for a couple of years. We are mindful as we plan that we need to continue doing so safely, and in a way that balances fun, learning, and mental health. We look forward to the next two months as we move toward the end of the school year. The years just seem to fly by, don't they!!

#### Playground Grand Opening:

Through a very generous donation from the Co-Op Refinery Complex, we are able to replace the old play structure, closest to the parking lot, with a new structure! On Tuesday, June 14<sup>th</sup> we would like to invite our school community to join us outside at 1:30 p.m. to officially celebrate our new play structure. Refreshments to follow.



Feel free to contact us or call the school office if we can provide more information.

*Ms. April Howard*  
Vice-Principal

*Mr. Bob Phillips*  
Principal

### May is the month of Courage - Courage is the Grandfather Teaching represented by the Bear.



A mother bear is gentle by nature, but if one of her cubs is in danger, she will overcome her fears to confront threats. Some of our biggest threats can come from peer pressure. We need to be brave to stand up for what is right, even when it is hard. We also need to be brave and ask for help when we need it to deal with anger, pain, and other problems we are facing. This can be a good reminder for all of us to reach out to get the mental health support, and other supports, we may need.

The bear also reminds us to be playful and to rest when needed. It is in the balance of these teachings that we are taught when to be courageous. Share courage, not aggression.

For links providing more teaching on Courage, please see our website at [mcdermid.rbe.sk.ca](https://mcdermid.rbe.sk.ca)



### 2022/2023 School Year Pre-K and Kindergarten Registrations!

Children between at least 3 years of age and 4 years as of December 31, 2022 may apply for Pre-K for the 2022/2023 school year.

Children 5 years of age as of December 31, 2022 may apply for Kindergarten.

McDermid Community School is also very pleased to enter the 3<sup>rd</sup> year of our MELPP program (Michif Early Language Pilot Program), which is in addition to the regular Pre-K and Kindergarten programs. (You must be registered in a regular program first, and be at least 4 years old). This program is available through funding from the Metis Nations of Saskatchewan.

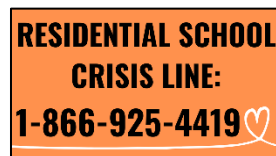
Further information on our programs is on our website at <https://mcdermid.rbe.sk.ca/> OR you can contact the school at [mcdermid@rbe.sk.ca](mailto:mcdermid@rbe.sk.ca) for more information and to get registration forms.

## Mental Health Awareness Week

The first week of May is Mental Health Awareness Week. May is also the month of courage – which can include taking steps to get support when it is needed for ourselves and for our families.

We are pleased to be able to invite people to a mental health and wellness session on May 4<sup>th</sup> at Campus Regina Public. Please note that this event requires an RSVP by April 29<sup>th</sup> but late registrations may be accepted based on available seats. Contact the office for registration information.

Many Saskatchewan and Regina based community mental health resources are available by calling or texting '211' or live chat to sk.211.ca. Additional supports are available through the professional mental health support line at '811' and other support lines such as the Kids Help Phone at 1-800-667-4442 or THRIVE Counselling at 306-757-6675. There is also a National Residential School Crisis Line available at 1-866-925-4419.



## “Let’s Talk About Science” – STEM Broadcast

McDermid will be continuing broadcasts in both May and June for “Let’s Talk Science,” a STEM (Science-Technology-Engineering-Mathletics) program. Ms. Osborne, Ms. Jones, and Ms. Anderson’s classes were excellent ambassadors for our school for the first series of broadcasts in April, and we are looking forward to continuing this learning experience. The first broadcast went to 1,800 schools and over 54,000 students across Canada!



## Nutrition Program Menus

A **free breakfast** is provided from 8:20-8:50. Students are welcome to enter the front doors and go straight to the nutrition room.

**Bag lunches** are available for \$2 every day. These include one main item as well as a juice, fruit, and snack (treat).



Lunch money can be paid daily, pre-paid at the office, or pre-paid through School Cash Online. If you do not yet have an account, please go to the school website to find instructions.

**A Free, School-Wide Lunch will be provided on Thursday, May 19<sup>th</sup> for all students. “Hot Dog Day!”**

### May Events

Monday, May 2<sup>nd</sup>: **PD Day: No School for Students**

Wednesday, May 4<sup>th</sup>: **Mental Health & Well-Being presentation at Campus Regina (RSVP by April 29<sup>th</sup>)**

Thursday, May 5<sup>th</sup>: **You Matter Day.** Students are invited to wear red. (Mental health activities through the week)

Monday, May 9<sup>th</sup> to Wednesday, May 11<sup>th</sup>: **“Let’s Talk Science” STEM Broadcast from McDermid**

Wednesday, May 18<sup>th</sup>: **SCC Meeting at 6:00 (in-person).**

Thursday, May 19<sup>th</sup>: **Whole-School, Free Hot Dog Lunch**

Monday, May 23<sup>rd</sup>: **Victoria Day Holiday – No School for Students or Staff**

Wednesday, May 25<sup>th</sup>: **Courage Assembly for students**



### June Events

Monday, June 6<sup>th</sup> to Wednesday, June 8<sup>th</sup>: **“Let’s Talk Science” STEM Broadcast from McDermid**

Wednesday, June 8<sup>th</sup>: **Michif Sashing Ceremony (MELPP Program)**

Thursday, June 9<sup>th</sup>: **Color Wars:** Each Classroom will be assigned a color to wear

Friday, June 10<sup>th</sup>: **Pride Day & McDermid Grade 4-8 Track & Field Day**

Tuesday, June 14<sup>th</sup>: **Grand Opening for our New Play structure at 1:30 – All Welcome to Attend!**

Thursday, June 16<sup>th</sup>: **Last Day for our PreK and Michif Students**

Tuesday, June 21<sup>st</sup>: **Inter-School Trak Meet, National Indigenous People’s Day & Jr. Play Day**

Thursday, June 23<sup>rd</sup>: **Grade 8 Farewell.** All students will be invited to dress up for the day to honor our Gr. 8s.

Monday, June 27<sup>th</sup>: **Mastery & Independence Assembly**

Tuesday, June 28<sup>th</sup>: **Last Day for Students – Early Dismissal at 2:30**

