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# SEPTEMBER NEWSLETTER

It has been absolutely heartwarming for us to welcome both new and old students to our building as we enter the 2022/2023 school year. We have also been thrilled to see the faces of parents and guardians and are very hopeful for a year in which we can see a greater return of community members inside of the building.

### Please note a change to our bell schedule for this coming year:

HONOR

8:20 – 8:50 – Students are welcome to come to the nutrition room for a free breakfast 8:35 – 8:50 a.m. Morning Recess. Supervisors will be out on the playground at this time. 8:50 a.m. Bell Rings and classes begin 10:15-10:30 Recess 11:45-12:30 Lunch 12:30 – 12:45 Lunch Recess. Students who have gone home for lunch should not return prior to 12:30 2:15 – 2:30 Afternoon Recess 3:40 Classes End.

We ask that as much as possible, families refrain from picking students up early as it creates disruption to learning times. If you are planning to pick a student up early, you must contact the office directly. Students will not be dismissed to waiting family members/adults until 3:40 unless they have called in ahead of time and are on our contact list for the student. This is a division-wide security/safety policy and we thank you in advance for your cooperation.

If there is ever a situation requiring a secure the building or lockdown, families will be notified through Edsby and we will also utilize social media such as Facebook and Twitter to share limited information. Our division takes direction from the Regina Police Service, and remains in close communication during public safety matters.

## **NUTRITION PROGRAM**

Free Breakfasts begin at 8:20 and students can remain supervised in the Nutrition Room until they head out for recess or start class at 8:50.

Lunch: If a student is going to remain at the school for lunch, we require families to fill out a lunch supervision form. Students are welcome to bring their own lunch, or to purchase one for \$2. Payment can be made the day of, or ahead of time either through the office or School Cash Online (available through our website). Please see the attached calendar for the lunch plans for September.



Daily snacks are provided for our students in Pre-K through Grade 3. We serve snacks to our older grades periodically.

Approximately once a month, the entire school is welcome to stay for a "Special Lunch." The cost is only \$2, and students who do not regularly stay for lunch simply need to return a permission and order form. Other special meals like a turkey dinner and bbq will happen throughout the year.

## WELCOME BACK BBQ, OPEN HOUSE, AND SCHOOL COMMUNITY COUNCIL (SCC) MEETING

Wednesday, September 14<sup>th</sup> is the date of our Welcome Back BBQ, Open House, and SCC Meeting.

5:30 – 6:00 Families are welcome to tour the school and see their child(ren)'s classroom.

**6:00 – 7:00** FREE BBQ outside near our new playground.

7:00 Parents/Guardians are welcome to come to the gym for our first SCC meeting of the year. This is an opportunity to find out what the SCC is all about, and to get a better understanding of how the school is run.

#### At McDermid, September is the month of Belonging.

This month we focus on the value of Belonging from the Circle of Courage. The statement "Every Child Matters" is a phrase we take to heart in our building, and endeavour to live out in practical ways. Every child deserves to feel loved, safe, and supported in our building. Connecting with our families is a significant part of supporting our students, and we welcome communication with parents and guardians: if you have a need or concern, please don't hesitate to contact the school!

The Regina Board of Education recognizes that every student, staff and community member has equal value as prescribed under the United Nations Universal Declaration of Human Rights and the Saskatchewan Human Rights Code. Diversity makes us stronger.



#### **UPCOMING EVENTS & EXTRACURRICULAR**

We are very happy to announce a return of many extracurricular activities. Please be watching in the weeks to come for opportunities for students to be involved.

**Cross-Country Running** is available for students aged 8 and older. We have had a short interest meeting already for students, and permission forms have been sent home. Practices run from 3:45-4:15 on the following days: Wednesday, September 7<sup>th</sup>

Thursday, September 8th

Monday, September 12<sup>th</sup>

The cross-country inter-school run will take place on Wednesday, September 14<sup>th</sup> at Douglas Park. Bussing will be provided for students, but families are also welcome to attend. Students will be returned to the school at approximately 5:15: just in time for the Open House and BBQ night!

**Volleyball:** We invite all students in Grade 6-8 to come to volleyball try-outs after school on Friday, September 9<sup>th</sup>. This will be a co-ed team.

**Safety Patrol** will also be starting up within the month. We remind drivers that the speed limit around the school is 30 km/h, and ask everyone to be kind and respectful to all of our students and staff as they help students to safely return home.

National Day for Truth & Reconciliation – Friday, September 30<sup>th</sup>. Please note that there are no classes on that day as it has been set aside to honor the lost children and survivors of residential schools, their families and communities.

**On Thursday, September 29<sup>th</sup> our school is invited to wear orange**. At 10:45 a.m. we will have a short assembly in the gym, followed by classroom community walks (weather permitting). Our community is welcome to join us for this assembly. Throughout this month will do learning activities to mark this season of remembrance.



Orange Shirts can be ordered through the Regina Public Schools website until Friday, September 9<sup>th</sup>: <u>https://freshlypressedprinting.com/products/rbe-orange-shirt-day</u>.



We are excited to announce that the Good Food Box is returning to McDermid School. The Good Food Box is for anyone and everyone, it brings affordable, fresh fruits and vegetables right into your community. Once your payment is made (etransfer), your order is placed for pickup 2 weeks later. On pick up day you simply bring your bags and take your food home. This is also a great time to place and pay for your next order.

Payment is for the first order is due Sept. 15<sup>th</sup> and the first delivery of food will be September 21<sup>st</sup>. The food is high quality, inexpensive and it is incredibly convenient. Give it a try, put in an order and help us make the program thrive in our community. If you have any questions, please contact Ms. Smith (<u>Chalyn.smith@rbe.sk.ca</u>).

If you have any questions, please feel free to contact the school. You can reach us at <u>mcdermid@rbe.sk.ca</u> or 306-791-8502.

Sincerely,

Mr. Ryan Josephson, Principal